

PK 50m bad Antw: Session: 1: COACH evaluation sheet for TEAM: HEST

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Dyck Line

Coaches: Van Den Bulck Deborah HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 09:06
Heat: 3/15 Lane : 5 Athlete: VETTERS GLUZA NINA			Q-time: 01:57:03
PB (50m pool): 01:57.94 Antwerpen 13/07/2025			PB (25m pool): 01:57.03 SB: no time
	5 0 M	1 0 0 M	
PB	00:56.81	01:57.94	
	00:56.81	01:01.13	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 09:08
Heat: 4/15 Lane : 3 Athlete: VERBEEK FENNA			Q-time: 01:51:85
PB (50m pool): 01:54.01 Antwerpen 13/07/2025			PB (25m pool): 01:51.85 SB: 01:57.47 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	00:53.78	01:54.01	
	00:53.78	01:00.23	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 10:34
Heat: 1/16 Lane : 4 Athlete: VETTERS GLUZA NINA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

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Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:5, starttime: 10:41
Heat: 5/16 Lane : 4 Athlete: VERBEEK FENNA		Q-time: 00:43:48
PB (50m pool): 00:55.22 Antwerp 02/02/2025 PB (25m pool): 00:43.48 SB: no time		
	5 0 M	
PB	00:55.22	
	00:55.22	
		

Coach feedback: